

Coleen Rae Salazar, IBCLC, LCCE

Lactation Consultant ♥ Doula ♥ Midwife Assistant

Experience Birth & Beyond

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Curriculum Vitae

EDUCATION & CREDENTIALS

- BS, Midwifery - Midwives College of Utah, Salt Lake City, UT
2019 - present (anticipated graduation 2024)
- BA, Management - 1995, University of Phoenix, San Diego, CA
- NRP certified, March 2023
- BLS Provider, March 2023
- Lamaze Certified Childbirth Educator, 17324, June 2017
- Centering Pregnancy Facilitator Training, February 2017
- DONA Doula Training, September 2015
- International Board-Certified Lactation Consultant, L-30679, November 2011
- Rebozo & TENS training 2004
- ALACE/ToLabor Labor Assistant/Doula certified 2004

RELATED WORK EXPERIENCE

2023 - Present: Primary Midwife under supervision, Alexandra Michel, LM, CPM, Oakhurst, CA
Providing comprehensive prenatal, birth, and postpartum care in the role of a primary midwife under the supervision of her midwife-preceptor.

2020 - 2023: Midwife Assistant/Student, Alexandra Michel, LM, CPM, Oakhurst, CA
Assist with community births/homebirths in the following counties: Fresno, Kings, Mariposa, Madera, and Tulare. Perform duties under the supervision of a licensed midwife including pre/postnatal home visits, set up/maintenance of equipment and supplies appropriate to community birth setting, monitoring client vital signs, charting, monitoring fetal heart tones, performing newborn vitals, postpartum assessments, and breastfeeding support.

2018 – Present: Private Lactation Consultant, Lamaze Certified Educator, & Doula
Offer home lactation consultations for breastfeeding concerns prenatally and postpartum. Educate local community programs on breastfeeding basics and birth options. Provide emotional and physical support to clients before, during, and after birth in all settings. Instruct childbirth and breastfeeding classes at Adventist Health in Hanford.

2009 – 2017: Lead Lactation Consultant, Tulare Regional Medical Center, Tulare, CA. OB unit serving approximately 100 mothers per month. Provided lactation education for patients, family

members, and staff. Provided research and educational updates to the department staff at monthly meetings. Instructed monthly breastfeeding class for expectant mothers and their partner/family members.

2004 – 2007: Birth and Postpartum Doula, Experience Birth, San Diego county. Services included breastfeeding support and education. Observed and assisted with immediate postpartum needs. Clients included mothers of multiples, teens, survivors of sexual abuse/trauma, single parents, surrogacy, and mothers experiencing postpartum depression/anxiety. Volunteered with Operation Special Delivery (Military families)

1993 -2004 - Secretary IV and Operations Manager, FedEx Express, San Diego, CA
Bloomington, MN & Temecula, CA. Administrative and management experience.

1983 – 1989 – Medical Administrative Specialist in the Wisconsin Air National Guard, United States Air Force, and the Texas Air National Guard, honorably discharged.

CONFERENCE PRESENTATIONS

“Teaching Hand Expression.” Tulare County Breastfeeding Coalition Conference. Exeter, CA 2019

“Breastfeeding 411.” Milan Institute and San Joaquin Community College, Visalia 2018

“Birth Trauma and Breastfeeding.” Kings County Breastfeeding Coalition Conference. Hanford, CA 2015

“Labor Support and Breastfeeding.” Kings County Breastfeeding Coalition Lunch and Learn, Hanford, CA 2013

PROFESSIONAL AFFILIATIONS

California Association of Licensed Midwives
International Lactation Consultant Association
Lamaze International
National Association of Certified Professional Midwives
Tulare-Kings County Breastfeeding Coalition
United States Lactation Consultants Association
Visalia Birth Network